



Do you have Celiac Disease?

Research Participants Needed

California State University Long Beach Kinesiology Department is conducting a study looking at the effects of regular physical activity on bone mineral density in adult women with celiac disease

- Receive a free DXA scan to learn about your current bone mineral density and body composition
- Receive a free nutritional analysis report from a 3-day food record

Total Time Commitment= 3-4 hours

To be eligible for this study participants must be:

- Following a gluten-free diet for a minimum of 1 year
- Celiac disease confirmed by biopsy
- A female 30yrs or older
- Premenopausal
- **Exercising** (combined weekly activity must be greater than or equal to 30min 3x's/wk) **or sedentary** (combined weekly activity must be less than 30min 3x's/wk)

Please contact Jill Greer if interested 562.810.2830 or jgreer3@csulb.edu