



Dietitian Day Menu/Snacks revised 10/8/09

Morning Snack

 **World Wise Grains Arzu** granola
 **LaraBar** assorted LaraBars
Ener-g Foods pretzels
Water
Coffee
Tea
Assorted Juices


Lunch

Cobb Salad
Boar's Head Provisions deli turkey
Crumbled Bleu Cheese
Boar's Head Provisions Crumbled Bacon
Fresh Greens
Diced Tomatoes
Chopped Egg
Mary's Gone Crackers crackers
French Meadow Bakery Italian Rolls
Butter

Dessert


Turtle Mountain ice creams
Andean Dream Quinoa Cookies
Arico cookie samplers

Afternoon Snack

 **One Source Nutrition LLC** nutrition shakes
Arico Cassava Chips
Coffee
Tea
Sodas

Luncheon Favors

Celiac Disease Center at Columbia University-Ultimate Guide to Gluten Free Living

 **Gluten Free Passport** Passport
Godfather's Pizza pizza cutter