

2005 CSA CONFERENCE MENU

Friday, October 1, 2005

BUFFET STYLE BREAKFAST

Fruit juices
Scrambled eggs with bacon
Gluten-free pancakes
Hashbrown potatoes
Breakfast breads
Biscuits, toast, butter, and preserves
Freshly brewed coffee, decaf coffee, assorted teas

LUNCH

Tuscan bean minestrone w/wild rice
Baby red romaine with arugula and frisse,
Yellow & red tear drop tomatoes,
4 oz red salmon with black olive dressing
Gluten-free rolls, cornbread &c
Variety platter of gluten free desserts
Freshly brewed coffee, decaf coffee, assorted teas

DINNER

Salad of field greens with raspberry vinaigrette
Maryland crab cakes with gluten-free breading
Seared supreme of organic chicken
Potato flan
Sautéed asparagus
Charred baby peppers & roasted shallots
Fiery pepper coulis
Gluten-free rolls and cornbread
Sugar-free apple pie a la mode
Freshly brewed coffee, decaf coffee, assorted Teas

2005 CSA CONFERENCE MENU

Saturday, October 1, 2005

BUFFET STYLE BREAKFAST

Fruit Juices

Scrambled eggs with bacon

Omelet station

Hashbrown potatoes

Breakfast breads, bagels and donuts

Biscuits, toast, butter, and preserves

Freshly brewed coffee, decaf coffee, assorted teas

LUNCH

Tortilla soup with avocados & tomatoes

**Classic Caesar salad, grilled chicken, parmesan cheese,
and gluten-free croutons,**

Gluten-free corn bread, rolls, and crackers

Hagen Daz ice cream with gluten-free

Chocolate chip or old-fashioned sugar cookies

Freshly brewed coffee, decaf coffee, assorted teas

DINNER

House salad with olive oil & basil dressing

Grilled filet of beef medallions with veal jus on the side

Sautéed sea bass

Caramelized pearl onions

Truffle mashed potatoes

Gluten-free rolls and corn bread

**Gluten-free chocolate raspberry pound cake with Chantilly cream and
raspberry coulis**

Freshly brewed coffee, decaf coffee, assorted teas

2005 CSA CONFERENCE MENU

Sunday, October 1, 2005

CONTINENTAL BREAKFAST

Fresh Juices

Platter of Sliced Seasonal Fruits & Berries

Yogurts including lactose-free varieties

Gluten-free bagels w/cream cheese

Gluten-free breakfast breads, donuts, pastries

Toast, butter and preserves

Freshly brewed coffee, decaf coffee, assorted teas

Beverages and GLUTEN-FREE SNACKS will be served mid-morning and mid-afternoon on Friday and Saturday as well as Sunday morning.

Friday morning

Nutrition Bar - Purefit, Inc.

Friday afternoon

Chocolate Chip Bars - Energy Foods

Saturday Morning

LaraBars - Humm Foods

Saturday Afternoon

Brownies - GLP Free Manufacturing

Sunday Morning

Energy Bars and Brownies - Frankly Natural Bakers